



# Forest Lodge Veterinary Practice

**RCVS**  
**ACCREDITED**  
**PRACTICE**  
SMALL ANIMAL PRACTICE

Volume 4 Issue 1

Winter/Spring 2015 Newsletter

## New Years Resolutions for your Pet

A New Year means its time to make positive changes to our pets lives!

\* Get fit and shed the pounds. Obesity can cause many problems for pets and aggravate existing conditions such as arthritis. Increase exercise gradually and decrease calorie intake by cutting out treats. Our nurses will be happy to help discuss a weight loss programme for your pet.

right for your pet please discuss it with your vet or a nurse.

\* Get up to date with preventative healthcare. Fleas, ticks and worms can cause health problems in pets and in people so regular treatment can keep them at bay. Our Pet Healthcare Plan can help with the cost of this, pick up a leaflet in reception or speak to one of the team.



Animals enjoy learning and mental health is as important as physical health and a tired pet is usually a happy one! Try a new activity or train a trick, (cats and rabbits can do this too!) and increase the bond between you and your pet.

\* Regular grooming and teeth cleaning can pick up problems before they become a big issue.



\* Neutering can be beneficial for dogs, cats and rabbits, by removing the risk of pregnancy, cancers and uterine infections in females and may also have some positive behavioural effects. If you are unsure if it is



Regular vaccination boosters are vital to avoid nasty, often fatal diseases and these are also covered on the plan.

\* Get training! If you have a niggling problem with your pet now is the time to address it.



**If you notice any changes in your pet that concern you, no matter how small, then please make an appointment today. We are happy to help.**

## Responsible use of antibiotics

Antibiotics are vitally important and often life saving drugs used in both people and animals to treat and prevent infections. However using antibiotics unnecessarily could be harmful and may contribute to the recent problem of antibiotic resistance that is developing so that they may not work when they are really needed. For this reason we do have to be careful when prescribing antibiotics and we often will try to isolate the problem bacteria using specific lab tests so we can use the most appropriate antibiotic. Its important that you use the whole course prescribed and always speak to the vet if you are concerned about any side effects or are worried that the infection has not fully resolved when the tablets are due to finish as a longer course may be needed.



## PHOTO OF THE MONTH COMPETITION

**Don't forget to keep sending your photos to: [Lymsurg@forestlodgevets.com](mailto:Lymsurg@forestlodgevets.com) for a chance to appear on our website and Facebook page.**



### Our Surgeries

#### New Milton

14 Barton Court Road

BH25 6NP

Tel: 01425 614482

#### Lymington

66 Milford Road

SO41 8DU

Tel: 01590 673687

### Emergencies

Out of normal hours:

Tel: 01425 614482

### Surgery Hours

9:00-6:30pm Mon-Fri

9:00-5 pm Sat (NM)

9:00-1pm (Lym)

Visit us at:

[www.forestlodgevets.com](http://www.forestlodgevets.com)

and Facebook & Twitter!



## Update on CRGV (New Forest Disease)

Since our last newsletter there have been 2 cases of this disease in the local area, and some cases have also been reported in other areas of the country. One patient was seen by one of our neighbouring practices and has been confirmed as suffering from CRGV, this dog was walked in the Deerleap area. We have also had a dog from the Beaulieu area with a suspected case of the disease. After intensive treatment at Anderson Moores and also at our surgery this dog is currently stable and is now at home. As a result this case cannot be confirmed as this can only be done by post-mortem.

Research into this disease is still ongoing by Anderson-Moores Veterinary Specialists and they update their website with information on a regular basis, we also continue to update you via our facebook page, [Forest Lodge Veterinary Practice](#).

Anderson Moores are keen to stress that although an environmental cause has been proposed as the possible cause of this disease this has not yet been proven so we cannot be sure how important avoiding the area may be. However we do advise washing your dogs off after a walk, particularly when muddy and bringing them into us within 12 hours of noticing any sores on the lower legs or face. It is important not to panic, the num-



ber of dogs seen with this illness is really low considering how many dogs are being walked up and down the country and particularly in this area in the Forest. Vigilance and early detection is very important.

## The danger of sticks!



Our December Patient of the month was Bobby the Boxer.

Bobby was brought to us as an emergency one lunchtime by his quick thinking dog walker. He had a 15.5cm stick lodged in his wind-pipe and was struggling to breathe. An anaesthetic was given and the stick gently removed. Luckily Bobby suffered no side effects and is back to his normal bouncy self but it serves as a reminder of how dangerous sticks can be!



## RSPCA New Rules For Stray or Injured Animals

In the past we have been able to claim costs back from the RSPCA for emergency treatment for animals brought to us with no known owner, for example cats involved in road traffic collisions or injured wildlife. However this has now changed and we are unable to do so. The new

rules require the person who finds the animal to contact the RSPCA in the first instance and they will tell you which local vets to take the animal to, (which may or may not be us.) This phone call has to be made before the animal is taken to the vets. Sadly failure to do so will make you, the person bringing the animal in, liable for the ensuing bill. We do

not want these animals to suffer and will not turn you away but we do need to cover our costs to continue to provide your pets with the best care. Unfortunately this ruling is out of our control and your compliance is much appreciated. The number to ring is: **0300 1234999**. We can still treat small wild animals free of charge during practice opening hours.

## SPECIAL OFFER IN FEBRUARY AND MARCH

**15% OFF NEUTERING THROUGHOUT FEBRUARY AND MARCH!**

**There are health and some behavioural benefits to spaying and castrating dogs, cats and rabbits. For more information please contact**

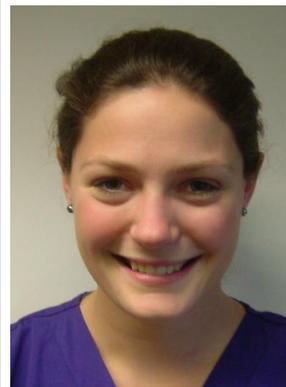
**us.**



### FOCUS ON STAFF

#### ADRIENNE PAGE MRCVS

*Ady qualified from the Royal Veterinary College in London in 2011 and has been at the Practice for 3*



*years. She lives with her Fiancé and two cats and in her spare time she is a children's gymnastics coach. Ady enjoys all aspects of veterinary work and will soon be participating in an acupuncture course.*